

Managed by CulinArt Group, St. Francis Preparatory is open for Breakfast 7:30-9:00 AM, Lunch 10:15 AM-2:40PM

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		VEGETARIAN	VG VEGAN
WAKIN' UP	Cranberry Pancakes with Maple Syrup	V	
CHEF'S TABLE	BBQ Meatballs		
SIDES	Peas and Carrots Buttered Egg Noodles	V	
WRAPS WITH A TWIST	Grilled Chicken, Mozzarella, Lettuce with Caesar Dressing		
WRAPS WITH A TWIST TUSCAN BISTRO	Ham Cheese Calzone		
FUZE PAN ASIAN	Szechuan Chicken – Kung Pao Beef – Stir Fried Teriyaki Vegetables		
CITY GRILL	Bacon Cheese Burger		
QUIK PIK	Honey Mustard Chicken over Greens		
WAKIN' UP CHEF'S TABLE	Hot Fried CHICK 'WICHES Ham, Egg and Swiss Cheese on English Muffin Smokey BLT Fried Chicken Tender Sandwich		
SIDES WRAPS WITH A TWIST TUSCAN BISTRO	with Bacon, Lettuce, Tomato and Chipotle Spread on Potato Bun Legger Chief and with Cilembra Aidline	V	
WRAPS WITH A TWIST	Lemon Chicken with Cilantro Aioli Four Cheese Pizza		
		V	
PAN FUZE ASIAN CITY GRILL	Kung Pao Chicken – Orange Sesame Beef – Stir Fried Szechuan Mixed Vegetables		
QUIK PIK	Roast Turkey and Cheddar Hero Melt (Turkey, Cheddar, Onions, Honey Dijon Mustard	V	
	Classic Greek Salad with Olive Oli Herb Dressing	•	
WAKIN' UP	Eggs, Bacon, Pepper Jack Cheese Wrap		
CHEF'S TABLE	Honey Mustard Glazed Turkey		
SIDES WRAPS WITH A TWIST TUSCAN BISTRO PAN FUZE ASIAN	String Beans Creamy Mashed Potatoes	V	
WRAPS WITH A TWIST TUSCAN BISTRO	Turkey, Provolone Cheese, Jalapenos, Honey Mustard Dressing Pepperoni Calzone		
PAN FUZE ASIAN	Teriyaki Chicken – Szechuan Beef – Stir Fried Orange Sesame Mixed Vegetables		
CITY GRILL	Philly Cheese Steak with American Cheese, Green Bell Peppers, Onions, Mushrooms		
QUIK PIK	Ginger Brown Sugar Chicken Luau Salad with Orange Vinaigrette	EW	
	CITRUS SUPERFOOD PROMOTION	(V	
WAKIN' UP	Cinnamon French Toast with Maple Syrup		
CHEF'S TABLE	Citrus Pork Carnitas		
SIDES	Sweet Plantains Cilantro Rice	V	
WRAPS WITH A TWIST	Italian Combo with Roasted Red Peppers		
WRAPS WITH A TWIST TUSCAN BISTRO	Fresh Tomatoes, Green Bell Peppers and Mushrooms	V	
PAN FUZE ASIAN	Orange Sesame Chicken – Teriyaki Beef – Stir Fried Sweet and Sour Mixed Vegetables		
CITY GRILL	Ham and Swiss Melt		
QUIK PIK	Tuna Salad over Greens		
WAKIN' UP	Eggs, American Cheese and Roasted Red Peppers	V	
CHEF'S TABLE	Chicken Parmesan		
SIDES	Honey Glazed Carrots V Spaghetti	V	
WRAPS WITH A TWIST	Turkey, Ham, American Cheese, Lettuce and Tomatoes with Honey Mustard Dressing		
TUSCAN BISTRO	Buffalo Chicken Calzone		
PAN FUZE ASIAN	Sweet and Sour Chicken - Szechuan Beef – Stir Fried Kung Pao Vegetables		
CITY GRILL	BBQ Burger with American Cheese		
QUIK PIK	Fresh Fruit Platter with Yogurt	V	

* Consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

