



Menu for Week of October 18-22, 2021

Managed by CulinArt Group, St. Francis Preparatory is open for
 Breakfast 7:30-9:00 AM- Lunch 10:15 AM-2:40 PM
 Dan Reid, Dorothy Alexatos-Managers-Phone: 718.423.8810 ext. 262

DAY	WAKIN' UP	CHEF'S TABLE	SIDES	WRAPS WITH A TWIST	TUSCAN BISTRO	FUZE PAN ASIAN	CITY GRILL	QUIK PIK
MONDAY	Cinnamon Apple Raisin Pancakes	Italian Breaded Chicken	String Beans	Buffalo Chicken, Cheddar Cheese with Ranch Dressing	Spinach & Cheese Calzone	Teriyaki Chicken – Kung Pao Beef – Szechuan Vegetables	Turkey & Swiss Melt	Greek Village Salad
TUESDAY	Eggs, Sausage & Swiss Cheese Wrap	Salisbury Steak	Steamed Broccoli	Tuna Vegetable with American Cheese	Chicken Calzone with Green Peppers	Orange Sesame Chicken- Sweet and Sour Beef and Broccoli – Stir Fried Kung Pao Vegetables	BBQ Chicken with American Cheese on Hero	Firecracker Chicken Salad
WEDNESDAY	Blueberry Pancakes	Fresh Roasted Turkey with Cranberry Sauce	Glazed Carrots	Roast Beef, Cheddar Cheese & Roasted Red Peppers	Spinach & Cheese Stromboli	Kung Pao Chicken – Szechuan Beef and Broccoli – Stir Fried Sweet & Sour Vegetables	Bacon Cheese Burger	Chipotle Corn & Navy Bean Salad
THURSDAY	Cinnamon French Toast	Beef Gyro Station	Tomatoes, Onions, Lettuce, Tzatziki Sauce	Honey Mustard Chicken, Mozzarella Cheese, Lettuce & Tomatoes	Sausage and Peppers	Szechuan Chicken- Teriyaki Beef- Stir Fried Orange Sesame Vegetables	Philly Cheese Steak	Fiesta Black Bean & Sweet Potato Salad
FRIDAY	Eggs, Bacon, Cheddar Cheese Wrap	Spaghetti Bolognese	Sauteed Zucchini & Onions	Turkey, Ham, Salami, American Cheese with Honey Mustard Dressing	Italian Combo Calzone	Sweet and Sour Chicken- Orange Sesame Beef – Stir Fried Teriyaki Mixed Vegetables	Bacon Cheese Burger	New Waldorf Chicken Salad

*** Consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.**