



Café Menu for week of January 2-6, 2017

Managed by CulinArt Group, St. Francis Preparatory dining services are open for breakfast 7:15-10:15 AM, lunch 11:45 AM-1:15 PM and snacks 11:00 AM-2:30PM
 Gloria Touma, General Manager 718.423.8810 ext. 262 stfrancis@culinartinc.com

MAKE THE CHOICE THAT'S RIGHT FOR YOU.

EAT WELL GLUTEN FREE VEGETARIAN VEGAN

MONDAY 1.2

WAKIN' UP School Closed
 CHEF'S TABLE
 SIDES
 WRAPS WITH A TWIST
 PIZZA VILLAGGIO
 JUMP ASIAN EXPRESS
 CITY GRILL
 QUIK PIK

TUESDAY 1.3

WAKIN' UP Egg, Bacon & Swiss Cheese Wrap
 CHEF'S TABLE Pork Medallions with Cranberry & Wine Sauce
 SIDES Broccoli Parsley Potatoes
 WRAPS WITH A TWIST Turkey, Bacon, Lettuce & Tomatoes with Honey Mustard Dressing
 PIZZA VILLAGGIO Sausage & Three Cheese Roll
 JUMP ASIAN EXPRESS Sesame Chicken- Hunan Beef – Honey Lemon Vegetables
 CITY GRILL Chicken Parmesean
 QUIK PIK Fresh Fruit Platter with Low Fat Cottage Cheese & Walnuts

WEDNESDAY 1.4

WAKIN' UP French Toast
CHICKEN SANDWICHES PROMOTION
 CHEF'S TABLE **Fried Chicken & Waffle with Cinnamon Syrup**
 SIDES **Seasoned Fries**
 WRAPS WITH A TWIST Turkey, Ham, Salami, Olives & Roasted Red Peppers
 PIZZA VILLAGGIO Spinach & Ricotta
 JUMP ASIAN EXPRESS Beijing Chicken- General Tso Beef – Tofu & Sesame Vegetables
 CITY GRILL Bacon Swiss Melt
 QUIK PIK Black Bean & Mango Salad

THURSDAY 1.5

WAKIN' UP Chocolate Chip Pancakes
 CHEF'S TABLE Fresh Roasted Turkey with Gravy/Cranberry Sauce
 SIDES Whole Green Beans Mashed Potatoes
 WRAPS WITH A TWIST Sauteed Vegetables with Swiss Cheese
 PIZZA VILLAGGIO Italian Combo
 JUMP ASIAN EXPRESS Stir Fry Chicken- Beef Broccoli – Beijing Vegetables
 CITY GRILL Garden Burger Melt
 QUIK PIK Fiesta Black Bean & Sweet Potato Salad

FRIDAY 1.6

WAKIN' UP Waffles
 CHEF'S TABLE Fried Flounder
 SIDES Peas & Carrots Macaroni & Cheese
 WRAPS WITH A TWIST Salami, Provolone, Olives & Roasted Red Peppers
 PIZZA VILLAGGIO Ham & Cheese Calzone
 JUMP ASIAN EXPRESS Teriyaki Chicken- Hunan Beef- Tofu & Szechuan Vegetables
 CITY GRILL Bacon Cheese Burger
 QUIK PIK Edamame Salad with Mustard Vinaigrette



*** Consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.**

MENU SUBJECT TO CHANGE