



Menu for week of January 28- February 1

Managed by CulinArt Group, St. Francis Preparatory is open for
 Breakfast 7:15-10:15AM | Lunch 11:45 AM -3.00PM

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MAKE THE CHOICE THAT'S RIGHT FOR YOU.

EAT WELL VEGETARIAN VEGAN

DAY	ITEM	DESCRIPTION	EW	V	VG
MONDAY	WAKIN' UP	Pancakes			
	CHEF'S TABLE	Chicken Parmesan			
	SIDES	Roasted Beets with Balsamic Glaze			
	WRAPS WITH A TWIST	Ham, Cheddar & Roasted Red Peppers			
	PIZZA VILLAGGIO	Bacon & Green Peppers			
	JUMP ASIAN EXPRESS	Szechuan Chicken – Hunan Beef – Tofu & Teriyaki Vegetables			
	CITY GRILL	Hot Dog			
QUICK PIK	Chef's Salad				
TUESDAY	WAKIN' UP	MEATBALL MANIA PROMOTION Eggs, Bacon & American Cheese Wrap			
	CHEF'S TABLE	Buffalo Turkey Meatballs with a Ranch Drizzle			
	SIDES	White Cheddar Mac & Cheese			
	WRAPS WITH A TWIST	Tuna Salad & Roasted Red Peppers with American Cheese			
	PIZZA VILLAGGIO	Ham & Pineapple			
	JUMP ASIAN EXPRESS	Teriyaki Chicken – General Tso Beef – Stir Fry Vegetables			
	CITY GRILL	BBQ Chicken with Mozzarella Cheese			
QUICK PIK	New Waldorf Chicken Salad				
WEDNESDAY	WAKIN' UP	IT'S ALL ABOUT HUE PROMOTION French Toast			
	CHEF'S TABLE	Slow Roasted Sweet Orange Carrots & Chickpeas			
	SIDES	Baby Spinach & Roasted Orange Pepper Sauce			
	WRAPS WITH A TWIST	Roast Beef, Cheddar Cheese, Onions, Lettuce & Tomato			
	PIZZA VILLAGGIO	Chicken Parmesan Calzone			
	JUMP ASIAN EXPRESS	Sesame Chicken – Pepper Steak – Szechuan Vegetables			
	CITY GRILL	Philly Cheese Steak			
QUICK PIK	Greek Village Salad				
THURSDAY	WAKIN' UP	Eggs, Sausage & Cheddar Cheese Wrap			
	CHEF'S TABLE	Roasted Pork Loin with Sage & Garlic			
	SIDES	Sesame Asparagus			
	WRAPS WITH A TWIST	Honey Mustard Turkey, Lettuce & Tomato with Cranberry Sauce			
	PIZZA VILLAGGIO	Sausage & Peppers Calzone			
	JUMP ASIAN EXPRESS	Chicken Broccoli – Sweet & Sour Beef – Hunan Vegetables			
	CITY GRILL	Ham & Swiss Melt			
QUICK PIK	Classic Turkey Cobb Salad				
FRIDAY	WAKIN' UP	Chocolate Chips and Cranberry Pancakes			
	CHEF'S TABLE	Fried Flounder with Tartar Sauce			
	SIDES	Carrots with Dill			
	WRAPS WITH A TWIST	Grilled Chicken, Provolone, Lettuce with Blue Cheese Dressing			
	PIZZA VILLAGGIO	Fresh Tomatoes, Olives, Onions, Green & Red Peppers			
	JUMP ASIAN EXPRESS	General Tso Chicken – Teriyaki Beef – Tofu & Hunan Vegetables			
	CITY GRILL	Bacon Melt			
QUICK PIK	Italian Pasta Salad				

*** Consuming raw or under cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.**