

## Menu for week of April 8-12

Managed by CulinArt Group, St. Francis Preparatory is open for  
Breakfast 7:15-10:15AM | Lunch 11:45 AM -3.00PM

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EAT WELL VEGETARIAN VEGAN

### MAKE THE CHOICE THAT'S RIGHT FOR YOU.

DAY	ITEM	DESCRIPTION	EW	V	VG
MONDAY	WAKIN' UP	Eggs, Bacon & American Cheese Wrap			
	CHEF'S TABLE	Creamy Chicken			
	SIDES	Swiss Chard			
	WRAPS WITH A TWIST	Italian Combo with Roasted Red Peppers			
	PIZZA VILLAGGIO	Sausage & Peppers			
	JUMP ASIAN EXPRESS	General Tso Chicken – Stir Fry Beef – Teriyaki Vegetables			
	CITY GRILL	Ham & Swiss Melt			
QUICK PIK	BBQ Chicken over Greens				
TUESDAY	WAKIN' UP	<b>CRAFT BURGER PROMOTION</b> Strawberry & Blueberry Pancakes			
	CHEF'S TABLE	Chicken Bacon Ranch Burger			
	SIDES	Grilled Chicken Breast, Bacon, Tomato & Ranch Dressing on Toasted Sesame Bun			
	WRAPS WITH A TWIST	Turkey, Provolone, Olives, Jalapenos, Lettuce & Tomatoes			
	PIZZA VILLAGGIO	Ham & Pineapple			
	JUMP ASIAN EXPRESS	Hunan Chicken – General Tso Beef – Stir Fry Vegetables			
	CITY GRILL	Philly Cheese Steak on Roll			
QUICK PIK	Turkey & American Cheese Rolls over Greens				
WEDNESDAY	WAKIN' UP	<b>WELLNESS WEDNESDAYS PROMOTION</b> Egg, Sausage, Cheddar Cheese Wrap			
	CHEF'S TABLE	Zucchini & Yellow Squash Pappardelle			
	SIDES	Parmesan Cheese, Fresh Whole Leaf Spinach & Pesto Sauce			
	WRAPS WITH A TWIST	Grilled Chicken, American Cheese, Lettuce & Tomatoes with Ranch Dressing			
	PIZZA VILLAGGIO	Spinach & Cheese Roll			
	JUMP ASIAN EXPRESS	Sesame Chicken – Teriyaki Beef – Hunan Vegetables			
	CITY GRILL	Bacon Cheese Burger			
QUICK PIK	Grilled Chicken over Italian Pasta Salad				
THURSDAY	WAKIN' UP	French Toast			
	CHEF'S TABLE	Roast Beef with Mushroom Gravy			
	SIDES	Vegetable Medley			
	WRAPS WITH A TWIST	Vegetable Tuna Salad with Lettuce & Tomatoes			
	PIZZA VILLAGGIO	Bacon, Mushrooms & Green Bell Peppers			
	JUMP ASIAN EXPRESS	General Tso Chicken – Hunan Beef – Szechuan Vegetables			
	CITY GRILL	Buffalo Chicken with American Cheese on Hero			
QUICK PIK	Crudites Platter				
FRIDAY	WAKIN' UP	<b>FISH FRIDAYS PROMOTION (No Meat Will Be Served)</b> Eggs, Spinach, Mozzarella & Onions Wrap			
	CHEF'S TABLE	Fish Burger			
	SIDES	American Cheese, Tartar Sauce & Lettuce			
	WRAPS WITH A TWIST	Roasted Eggplant, Red Peppers & Cheddar Cheese			
	PIZZA VILLAGGIO	Three Cheese Calzone with Mushrooms & Marinara Sauce			
	JUMP ASIAN EXPRESS	Shrimp Broccoli – Stir Fry Tofu – General Tso Vegetables			
	CITY GRILL	Grilled Cheese with Tomatoes			
QUICK PIK	Pita Chips with Salsa, Guacamole & Sour Cream				