



ST. FRANCIS PREPARATORY SCHOOL  
6100 Francis Lewis Blvd. Fresh Meadows, NY 11365  
(718) 423-8810 www.sfponline.org

Accredited by Middle States Association of Colleges  
and Secondary Schools  
Member of the Board of Regents of the State of New York  
Member of New York State Association of Independent Schools  
Recipient of the U.S. Education Department's "Excellence  
in Private Education" Award  
Recognized by U.S. NEWS AND WORLD REPORT  
as an "Outstanding American High School"

June 15, 2012

Dear Class of 2016,

Welcome to St. Francis Prep! You are about to begin the best 4 years of your life.... high school should be an enjoyable and challenging experience. I write to you to give you some detailed information regarding Interscholastic Sports at Prep. I will outline each sport and hope to answer some questions that you might have. ALL TRYOUTS THAT BEGIN IN AUGUST WILL LAST FOR SEVERAL DAYS. Please try to arrange your availability accordingly. Additional information will be posted on the school website on the sports pages.

Tryouts for all sports are scheduled as follows:

Boys & Girls Basketball November 3, 2012

Boys Baseball March 2, 2013

Boys & Girls Bowling week of September 10, 2012

Girls Cheerleading after September 17, 2012

Boys & Girls Dance after September 10, 2012 check with Mrs. Mejia-Art Dept.

Boys Football Monday, August 20, 2012 – 7:00 am

At school in the parking lot, dressed to workout

Questions - xnova@sfponline.org

Boys & Girls Golf week of March 5, 2013

Girls Gymnastics Monday, August 20, 2012 dressed to workout

5:00 PM in the Gym- Questions - scamus@sfponline.org

Boys & Girls Handball March 2, 2013 Questions - agrimm@sfponline.org

Boys & Girls Ice Hockey week of October 22, 2012

Girls Lacrosse March 2, 2013

Boys Soccer Monday August 20, 2012– 7:30 am – Questions-nlombardo@sfponline.org

Meet in school parking lot dressed to workout

Girls Soccer Monday August 20, 2012 – 9:00am –Questions-npasinkoff@sfponline.org

Meet in school parking lot dressed to workout

Girls Softball week of September 10, 2012 for those not playing a Fall

Season sport (check announcements). For those playing a Fall

Season sport, there will be a second tryout beginning March 2, 2013

Boys & Girls Step Squad week of October 22, 2012

Boys Swimming Meeting Monday Sept. 10, 2012 at dismissal-Room W205

Girls Swimming August 20, 2012-8:00 AM

The Bay Terrace Country Club 217-14 24 Avenue, Bayside NY 11360

Bring swim suit, goggles, towel, shorts, T-Shirt, sneakers & socks

Any questions – pgambino@sfponline.org

Boys Tennis Monday, March 4, 2013

Girls Tennis Monday, August 20, 2012 -3:00 PM Cunningham Pk, Tennis

Courts, corner of Francis Lewis Blvd. & Union Tpke, dressed to  
workout, bring your own racket...this is not an instructional



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program, you should have some experience to tryout. NYC Tennis Permit required

Girls Cross Country Track Monday, August 20, 2012 – 10:00 AM

at the school parking lot dressed to workout. [Questopms-jmay@sfponline.org](mailto:Questopms-jmay@sfponline.org)

Boys Cross Country Track Monday August 27, 2012 – 10:00 AM

at the school parking lot dressed to workout. Questions – [mhernandez@sfponline.org](mailto:mhernandez@sfponline.org)

Boys Volleyball Monday, March 11, 2013

Girls Volleyball Monday August 20, 2012 – 9:00 am in the East Gym.

Questions - [kcolucci@sfponline.org](mailto:kcolucci@sfponline.org)

The most important prerequisite for any sport tryout is a sport physical. The physical for all sports must be done on or after JULY 1, 2012. If you have visited a doctor for a physical before JULY 1<sup>st</sup>, it will not be accepted for sports tryouts. Enclosed is a participation and parental approval form. If you intend on trying out for any sport please return this card completed and signed to the Nurse by AUGUST 1<sup>st</sup>

A doctor will be available at the school, in the Nurses office on Friday, August 10<sup>th</sup> .....8:00 am to 2:00 pm. The fee is \$30.00 payable in cash. You may use this service, or you may use your own doctor. If you use this service, call the nurse's office 718-423-8810, Ext. 234, to make an appointment by June 30<sup>th</sup>. The appointment will be confirmed by mail the week of August 1<sup>st</sup>. If you are unable to keep the appointment, please notify the nurse's office. Cancellations must be called in. Parents please be sure you sign the parental permission form if you will not be with your child.

Please note the sports that have tryouts before the first day of school. For those sports that start after the first day of school, please check the announcements on the TV screens (located in all classrooms, library, & cafeteria) and check the bulletin board outside the gym and by both locker rooms. There are usually informational meetings before the tryouts begin.

I wish you all the best of luck in High School.

Sincerely,

Mr. Fischetti  
Chairperson of Health,  
Physical Education & Athletics  
[sfischetti@sfponline.org](mailto:sfischetti@sfponline.org)